

Module	Lesson	Pre-requisite Skills	Duration mins	Phone needed?
Introduction	Intro video	Basic tap to play		No
	Computers and the internet	Basic tap and swipe skills (or mouse)	20-30	No
	What can you do on the Internet?	Basic tap and swipe skills (or mouse)	15-20	No
	Basics for using the internet	Identifying and launching a Browser	30-35	No
My smartphone	My Smartphone	Basic smart phone - on / off Keyboard / Tap Swipe	60 (beg) 30-45 (int)	Yes
	Calling and texting	basic smart phone - on / off Keyboard / Tap Swipe	45 (beg) 30 (int)	Yes
	Introduction to the world of apps	Keyboard / Tap Swipe / Mouse Smart phone - basic operations Calling / texting User will need to have an email address	45 (beg) 30 (int)	Yes
	Useful tools	Keyboard / Tap Swipe / Mouse Smart phone - basic operations Calling / texting Apps Google ID / App ID Play store, App Store	45	Yes
Connecting with others	Email	Keyboard / Tap Swipe / Mouse Browser navigation Google account set up	30-40	No
	Social media and Facebook	Keyboard / Tap Swipe / Mouse Identifying and launching a Browser Email	30	No
	WhatsApp	Keyboard / Tap Swipe / Mouse Smart phone - basic operations Calling / texting Apps	45	Yes
Hobbies and interests	Researching activities & interests	Keyboard / Tap Swipe / Mouse Browser navigation	30-45	No
	Out & about	Keyboard / Tap Swipe / Mouse Mobile Data Usage Tabs Search Engines Cookies	30-45	Yes

Entertainment and shopping	News & entertainment Online	Keyboard / Tap Swipe / Mouse Mobile Data Usage Tabs Search Engines Cookies	30-45	No
	Online shopping	Tabs Search Engine	30-45	No
	Paying online	Website Security (Padlock) Tabs Search Engine	30	No